**Bulbasaur**It can go for days without eating a single morsel. In the bulb on its back, it stores energy.  
  
**Ivysaur**The bud on its back grows by drawing energy. It gives off an aroma when it is ready to bloom.  
  
**Venusaur**The flower on its back catches the sun’s rays. The sunlight is then absorbed and used for energy.

**Mega Venusaur**

In order to support its flower, which has grown larger due to Mega Evolution, its back and legs have become stronger.  
  
**Charmander**The flame at the tip of its tail makes a sound as it burns. You can only hear it in quiet places.  
  
**Charmeleon**Tough fights could excite this Pokémon. When excited, it may breathe out bluish-white flames.  
  
**Charizard**When this Pokémon expels a blast of superhot fire, the red flame at the tip of its tail burns more intensely.

**Mega Charizard X**

The overwhelming power that fills its entire body causes it to turn black and creates intense blue flames.

**Mega Charizard Y**  
Its bond with its Trainer is the source of its power. It boasts speed and maneuverability greater than that of a jet fighter.

**Squirtle**Shoots water at prey while in the water. Withdraws into its shell when in danger.  
  
**Wartortle**When tapped on its head, this Pokémon will pull it in, but its tail will still stick out a little bit.  
  
**Blastoise**Once it takes aim at its enemy, it blasts out water with even more force than a fire hose.

**Mega Blastoise**

The cannon on its back is as powerful as a tank gun. Its tough legs and back enable it to withstand the recoil from firing the cannon.  
  
**Caterpie**If you touch the feeler on top of its head, it will release a horrible stink to protect itself.  
  
**Metapod**Hardens its shell to protect itself. However, a large impact may cause it to pop out of its shell.  
  
**Butterfree**Its wings, covered with poisonous powder, repel water. This allows it to fly in the rain.  
  
**Weedle**Beware of the sharp stinger on its head. It hides in grass and bushes where it eats leaves.  
  
**Kakuna**Able to move only slightly. When endangered, it may stick out its stinger and poison its enemy.  
  
**Beedrill**It has three poisonous stingers on its forelegs and its tail. They are used to jab its enemy repeatedly.

**Mega Beedrill**

Its legs have become poison stingers. It stabs its prey repeatedly with the stingers on its limbs, dealing the final blow with the stinger on its rear.  
  
**Pidgey**Very docile. If attacked, it will often kick up sand to protect itself rather than fight back.  
  
**Pidgeotto**This Pokémon is full of vitality. It constantly flies around its large territory in search of prey.  
  
**Pidgeot**This Pokémon flies at Mach 2 speed, seeking prey. Its large talons are feared as wicked weapons.

**Mega Pidgeot**

With its muscular strength now greatly increased, it can fly continuously for two weeks without resting.  
  
**Rattata**Will chew on anything with its fangs. If you see one, you can be certain that 40 more live in the area.

**Alolan Rattata**

Its whiskers provide it with a keen sense of smell, enabling it to pick up the scent of hidden food and locate it instantly.  
  
**Raticate**Its hind feet are webbed. They act as flippers, so it can swim in rivers and hunt for prey.

**Alolan Raticate**

It makes its Rattata underlings gather food for it, dining solely on the most nutritious and delicious fare.  
  
**Spearow**Inept at flying high. However, it can fly around very fast to protect its territory.  
  
**Fearow**A Pokémon that dates back many years. If it senses danger, it flies high and away, instantly.  
  
**Ekans**The older it gets, the longer it grows. At night, it wraps its long body around tree branches to rest.  
  
**Arbok**The frightening patterns on its belly have been studied. Six variations have been confirmed.  
  
**Pikachu**This forest-dwelling Pokémon stores electricity in its cheeks, so you’ll feel a tingly shock if you touch it.  
  
**Raichu**When electricity builds up inside its body, it becomes feisty. It also glows in the dark.

**Alolan Raichu**

It loves pancakes prepared with a secret Alolan recipe. Some wonder whether that recipe holds the key to this Pokémon’s evolution.  
  
**Sandshrew**Its body is dry. When it gets cold at night, its hide is said to become coated with a fine dew.

**Alolan Sandshrew**

Its ice-covered body lets it slide across the ground with bullet-like speed, sending its enemies flying when it hits them.  
  
**Sandslash**It is skilled at slashing enemies with its claws. If broken, they start to grow back in a day.

**Alolan Sandslash**

This is Sandslash’s form after adaptation to a frigid environment. The cold air emitted by its body sharpens its icy spikes.  
  
**Nidoran♀**A mild-mannered Pokémon that does not like to fight. Beware—its small horn secretes venom.  
  
**Nidorina**When resting deep in its burrow, its barbs always retract. This is proof that it is relaxed.  
  
**Nidoqueen**Tough scales cover the sturdy body of this Pokémon. It appears that the scales grow in cycles.  
  
**Nidoran♂**Its large ears are always kept upright. If it senses danger, it will attack with a poisonous sting.  
  
**Nidorino**Its horn contains venom. If it stabs an enemy with the horn, the impact makes the poison leak out.  
  
**Nidoking**Its steel-like hide adds to its powerful tackle. Its horns are so hard, they can pierce a diamond.  
  
**Clefairy**Adored for their cute looks and playfulness. They are thought to be rare, as they do not appear often.  
  
**Clefable**They appear to be very protective of their own world. It is a kind of fairy, rarely seen by people.  
  
**Vulpix**Both its fur and its tails are beautiful. As it grows, the tails split and form more tails.

**Alolan Vulpix**

It looks like snow come to life, and the breath it exhales is −58 degrees Fahrenheit. Another name for it is Keokeo.  
  
**Ninetales**According to an enduring legend, nine noble saints were united and reincarnated as this Pokémon.

**Alolan Ninetales**

It lives on mountains perpetually covered in snow and is revered as a deity incarnate. It appears draped in a blizzard.  
  
**Jigglypuff**Uses its cute round eyes to enrapture its foe. It then sings a pleasing melody that lulls the foe to sleep.  
  
**Wigglytuff**Its body is very elastic. By inhaling deeply, it can continue to inflate itself without limit.  
  
**Zubat**Emits ultrasonic cries while it flies. They act as a sonar used to check for objects in its way.  
  
**Golbat**It attacks in a stealthy manner, without warning. Its sharp fangs are used to bite and to suck blood.  
  
**Oddish**It may be mistaken for a clump of weeds. If you try to yank it out of the ground, it shrieks horribly.  
  
**Gloom**Smells incredibly foul! However, around one out of a thousand people enjoy sniffing its nose-bending stink.  
  
**Vileplume**Flaps its broad flower petals to scatter its poisonous pollen. The flapping sound is very loud.  
  
**Paras**Burrows under the ground to gnaw on tree roots. The mushrooms on its back absorb most of the nutrition.  
  
**Parasect**The bug host is drained of energy by the mushroom on its back. The mushroom appears to do all the thinking.  
  
**Venonat**Its large eyes act as radar. In a bright place, you can see that they are clusters of many tiny eyes.  
  
**Venomoth**The powdery scales on its wings are hard to remove from skin. They also contain poison that leaks out on contact.  
  
**Diglett**It prefers dark places. It spends most of its time underground, though it may pop up in caves.

**Alolan Diglett**

After living in soil with high iron content for some time, three steel whiskers sprouted from the top of its head.  
  
**Dugtrio**A team of triplets that can burrow to a depth of 60 miles. It’s reported that this triggers an earthquake.

**Alolan Dugtrio**

They’re referred to as triplets, but they’re not identical—the metallic elements in their bodies differ slightly. The proof shows in their whiskers!

**Meowth**Appears to be more active at night. It loves round and shiny things. It can’t stop itself from picking them up.

**Alolan Meowth**

Highly intelligent and prideful, it’s famously difficult to handle—but that’s also a reason for its popularity.  
  
**Persian**The gem in its forehead glows on its own! It walks with all the grace and elegance of a proud queen.

**Alolan Persian**

It has the classiest coat. The rippling of its fur in the heat of battle has a beauty all its own.  
  
**Psyduck**Always tormented by headaches. It uses psychic powers, but whether it intends to do so is not known.  
  
**Golduck**Its long, slim limbs end in broad flippers. They are used for swimming gracefully in lakes.  
  
**Mankey**An agile Pokémon that lives in trees. It angers easily and will not hesitate to attack anything.  
  
**Primeape**It stops being angry only when nobody else is around. To view this moment is very difficult.  
  
**Growlithe**A Pokémon with a friendly nature. However, it will bark fiercely at anything invading its territory.  
  
**Arcanine**A legendary Pokémon in the East. Many people are charmed by the grace and beauty of its running.  
  
**Poliwag**The direction of the spiral on the belly differs by area. It is more adept at swimming than walking.  
  
**Poliwhirl**Under attack, it uses its belly spiral to put the foe to sleep. It then makes its escape.  
  
**Poliwrath**Swims powerfully using all the muscles in its body. It can even overtake world-class swimmers.  
  
**Abra**Sleeps 18 hours a day. If it senses danger, it will teleport itself to safety even as it sleeps.  
  
**Kadabra**Many odd things happen if this Pokémon is close by. For example, it makes clocks run backward.  
  
**Alakazam**A Pokémon that can memorize anything. It never forgets what it learns—that’s why this Pokémon is smart.

**Mega Alakazam**

It’s adept at precognition. When attacks completely miss Alakazam, that’s because it’s seeing the future.  
  
**Machop**Very powerful in spite of its small size. Its mastery of many types of martial arts makes it very tough.  
  
**Machoke**The belt around its waist holds back its energy. Without it, this Pokémon would be unstoppable.  
  
**Machamp**One arm alone can move mountains. Using all four arms, this Pokémon fires off awesome punches.  
  
**Bellsprout**Prefers hot and humid places. It ensnares tiny bugs with its vines and devours them.  
  
**Weepinbell**When hungry, it swallows anything that moves. Its hapless prey is dissolved by strong acids.  
  
**Victreebel**Lures prey with the sweet aroma of honey. Swallowed whole, the prey is dissolved in a day, bones and all.  
  
**Tentacool**It can sometimes be found all dry and shriveled up on a beach. Toss it back into the sea to revive it.  
  
**Tentacruel**Its 80 tentacles can stretch and contract freely. They wrap around prey and weaken it with poison.  
  
**Geodude**Commonly found near mountain trails and the like. If you step on one by accident, it gets angry.

**Alolan Geodude**

Its stone head is imbued with electricity and magnetism. If you carelessly step on one, you’ll be in for a painful shock.  
  
**Graveler**Often seen rolling down mountain trails. Obstacles are just things to roll straight over, not avoid.

**Alolan Graveler**

When it comes rolling down a mountain path, anything in its way gets zapped by electricity and sent flying.  
  
**Golem**Once it sheds its skin, its body turns tender and whitish. Its hide hardens when it’s exposed to air.

**Alolan Golem**

It uses magnetism to accelerate and fire off rocks tinged with electricity. Even if it doesn’t score a direct hit, the jolt of electricity will do the job.  
  
**Ponyta**Capable of jumping incredibly high. Its hooves and sturdy legs absorb the impact of a hard landing.  
  
**Rapidash**Just loves to run. If it sees something faster than itself, it will give chase at top speed.  
  
**Slowpoke**Incredibly slow and sluggish. It is quite content to loll about without worrying about the time.  
  
**Slowbro**Lives lazily by the sea. If the Shellder on its tail comes off, it becomes a Slowpoke again.

**Mega Slowbro**

Under the influence of Shellder’s digestive fluids, Slowpoke has awakened, gaining a great deal of power—and a little motivation to boot.  
  
**Magnemite**It is hatched with the ability to defy gravity. It floats while emitting powerful electromagnetic waves.  
  
**Magneton**Generates strange radio signals. It raises the temperature by 3.6 degrees Fahrenheit within 3,300 feet.  
  
**Farfetch’d**They live where reedy plants grow. Farfetch’d are rarely seen, so it’s thought their numbers are decreasing.  
  
**Doduo**Its short wings make flying difficult. Instead, this Pokémon runs at high speed on developed legs.  
  
**Dodrio**One of Doduo’s two heads splits to form a unique species. It runs close to 40 mph in prairies.  
  
**Seel**Loves freezing-cold conditions. Relishes swimming in a frigid climate of around 14 degrees Fahrenheit.  
  
**Dewgong**Its entire body is a snowy white. Unharmed by even intense cold, it swims powerfully in icy waters.  
  
**Grimer**Made of congealed sludge. It smells too putrid to touch. Even weeds won’t grow in its path.

**Alolan Grimer**

It has a passion for trash above all else, speedily digesting it and creating brilliant crystals of sparkling poison.  
  
**Muk**Smells so awful, it can cause fainting. Through degeneration of its nose, it lost its sense of smell.

**Alolan Muk**

Muk’s coloration becomes increasingly vivid the more it feasts on its favorite dish—trash.  
  
**Shellder**The shell can withstand any attack. However, when it is open, the tender body is exposed.  
  
**Cloyster**For protection, it uses its harder-than-diamond shell. It also shoots spikes from the shell.  
  
**Gastly**Said to appear in decrepit, deserted buildings. It has no real shape, as it appears to be made of a gas.  
  
**Haunter**By licking, it saps the victim’s life. It causes shaking that won’t stop until the victim’s demise.  
  
**Gengar**A Gengar is close by if you feel a sudden chill. It may be trying to lay a curse on you.

**Mega Gengar**

It can pass through other dimensions and appear anywhere. It caused a stir one time when it stuck just one leg out of a wall.  
  
**Onix**Burrows at high speed in search of food. The tunnels it leaves are used as homes by Diglett.  
  
**Drowzee**If you sleep by it all the time, it will sometimes show you dreams it had eaten in the past.  
  
**Hypno**Avoid eye contact if you come across one. It will try to put you to sleep by using its pendulum.  
  
**Krabby**Its pincers are superb weapons. They sometimes break off during battle, but they grow back fast.  
  
**Kingler**One claw grew massively and is as hard as steel. It has 10,000-horsepower strength. However, it is too heavy.  
  
**Voltorb**It is said to camouflage itself as a Poké Ball. It will self-destruct with very little stimulus.  
  
**Electrode**Stores electrical energy inside its body. Even the slightest shock could trigger a huge explosion.  
  
**Exeggcute**The heads attract each other and spin around. There must be six heads for it to maintain balance.  
  
**Exeggutor**Its cries are very noisy. This is because each of the three heads thinks about whatever it likes.

**Alolan Exeggutor**

The strong sunlight of the Alola region has awakened the power hidden within Exeggcute. This is the result.  
  
**Cubone**Wears the skull of its deceased mother. Its cries echo inside the skull and come out as a sad melody.  
  
**Marowak**Small and weak, this Pokémon is adept with its bone club. It has grown more vicious over the ages.

**Alolan Marowak**

It has transformed the spirit of its dear departed mother into flames, and tonight it will once again dance in mourning of others of its kind.  
  
**Hitmonlee**When kicking, the sole of its foot turns as hard as a diamond on impact and destroys its enemy.  
  
**Hitmonchan**Punches in corkscrew fashion. It can punch its way through a concrete wall like a drill.  
  
**Lickitung**Its tongue spans almost seven feet and moves more freely than its forelegs. Its licks can cause paralysis.  
  
**Koffing**In hot places, its internal gases could expand and explode without any warning. Be very careful!  
  
**Weezing**This Pokémon lives and grows by absorbing poison gas, dust, and germs that exist inside garbage.  
  
**Rhyhorn**A Pokémon with a one-track mind. Once it charges, it won’t stop running until it falls asleep.  
  
**Rhydon**Its brain developed when it began walking on its hind legs. Its armor-like hide even repels molten lava.  
  
**Chansey**A gentle and kindhearted Pokémon that shares its nutritious eggs if it sees an injured Pokémon.  
  
**Tangela**Its identity is obscured by masses of thick blue vines. The vines are said to never stop growing.  
  
**Kangaskhan**Raises its young in its belly pouch. Won’t run from any fight to keep its young protected.

**Mega Kangaskhan**

Its child has grown rapidly, thanks to the energy of Mega Evolution. Mother and child show off their harmonious teamwork in battle.  
  
**Horsea**If it senses any danger, it will vigorously spray water or a special type of ink from its mouth.  
  
**Seadra**Touching the back fin causes numbness. It hooks its tail to coral to stay in place while sleeping.  
  
**Goldeen**When it is time for them to lay eggs, they can be seen swimming up rivers and falls in large groups.  
  
**Seaking**It is the male’s job to make a nest by carving out boulders in a stream using the horn on its head.  
  
**Staryu**As long as the center section is unharmed, this Pokémon can grow back fully even if it is chopped to bits.  
  
**Starmie**The center section is named the core. People think it is communicating when it glows in seven colors.  
  
**Mr. Mime**Always practicing its pantomime act. It makes enemies believe something exists that really doesn’t.  
  
**Scyther**Leaps out of tall grass and slices prey with its scythes. The movement looks like that of a ninja.  
  
**Jynx**Appears to move to a rhythm of its own, as if it were dancing. It wiggles its hips as it walks.  
  
**Electabuzz**If a major power outage occurs, it is certain that this Pokémon has eaten electricity at a power plant.  
  
**Magmar**Born in an active volcano. Its body is always cloaked in flames, so it looks like a big ball of fire.  
  
**Pinsir**Grips its prey in its pincers and squeezes hard! It can’t move if it’s cold out, so it lives in warm places.

**Mega Pinsir**

With its vaunted horns, it can lift an opponent 10 times heavier than itself and fly about with ease.  
  
**Tauros**A rowdy Pokémon with a lot of stamina. Once running, it won’t stop until it hits something.  
  
**Magikarp**Famous for being very unreliable. It can be found swimming in seas, lakes, rivers, and shallow puddles.  
  
**Gyarados**Brutally vicious and enormously destructive. Known for totally destroying cities in ancient times.

**Mega Gyarados**

Although it obeys its instinctive drive to destroy everything within its reach, it will respond to orders from a Trainer it truly trusts.  
  
**Lapras**A gentle soul that can understand human speech. It can ferry people across the sea on its back.  
  
**Ditto**When it spots an enemy, its body transfigures into an almost-perfect copy of its opponent.  
  
**Eevee**It can evolve into a variety of forms. Eevee’s genes are the key to solving the mysteries of Pokémon evolution.  
  
**Vaporeon**Its cell structure is similar to water molecules. It melts into the water and becomes invisible.  
  
**Jolteon**A sensitive Pokémon that easily becomes sad or angry. Every time its mood changes, it charges power.  
  
**Flareon**It has a flame chamber inside its body. It inhales, then breathes out fire that is over 3,000 degrees Fahrenheit.  
  
**Porygon**The only Pokémon that people anticipate can fly into space. None has managed the feat yet, however.  
  
**Omanyte**An ancient Pokémon that was recovered from a fossil. It swam by cleverly twisting its 10 tentacles about.  
  
**Omastar**Its sharp beak rings its mouth. Its shell was too big for it to move freely, so it became extinct.  
  
**Kabuto**A Pokémon that was recovered from a fossil. It used the eyes on its back while hiding on the seafloor.  
  
**Kabutops**A slim and fast swimmer. It sliced its prey with its sharp sickles and drank the body fluids.  
  
**Aerodactyl**A savage Pokémon that died out in ancient times. It was resurrected using DNA taken from amber.

**Mega Aerodactyl**

The power of Mega Evolution has completely restored its genes. The rocks on its body are harder than diamond.  
  
**Snorlax**Will eat anything, even if the food happens to be a little moldy. It never gets an upset stomach.  
  
**Articuno**A legendary bird Pokémon. It freezes water that is contained in winter air and makes it snow.  
  
**Zapdos**This legendary bird Pokémon is said to appear when the sky turns dark and lightning showers down.  
  
**Moltres**A legendary bird Pokémon. As it flaps its flaming wings, even the night sky will turn red.  
  
**Dratini**Long thought to be a myth, this Pokémon’s existence was only recently confirmed by a fisherman who caught one.  
  
**Dragonair**According to a witness, its body was surrounded by a strange aura that gave it a mystical look.  
  
**Dragonite**It is said that this Pokémon lives somewhere in the sea and that it flies. However, these are only rumors.  
  
**Mewtwo**Its DNA is almost the same as Mew’s. However, its size and disposition are vastly different.

**Mega Mewtwo X**

Psychic power has augmented its muscles. It has a grip strength of one ton and can sprint a hundred meters in two seconds flat!

**Mega Mewtwo Y**

Despite its diminished size, its mental power has grown phenomenally. With a mere thought, it can smash a skyscraper to smithereens.

**Mew**When viewed through a microscope, this Pokémon’s short, fine, delicate hair can be seen.

**Meltan**

It melts particles of iron and other metals found in the subsoil, so it can absorb them into its body of molten steel.

**Melmetal**

Revered long ago for its capacity to create iron from nothing, for some reason it has come back to life after 3,000 years.